



1. Cup Milk

3 Cups Ice

2 T Sugar

3 T Rock Salt

1 tsp Vanilla

Chocolate Syrup. optional



In a sandwich size zip bag, combine milk, sugar. Vanilla and chocolate syrup. Seal tightly. Put sealed bag, along with ice and salt, into a larger, gallon size bag. Seal tightly. Shake, roll and flip your bag for 10-20 minutes until ice-cream forms. Consistency will be similar to soft serve!